

# PRESS RELEASE

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## **Tara Palmer Tomkinson on her life with horses on Hoof website**

Tara Palmer Tomkinson, celebrity and horse rider talks about her funniest equestrian moments on [www.hoof-in-town.com](http://www.hoof-in-town.com)

Tara, who is well known for her love of equestrian sports, has lent her support to Hoof with an entertaining account of her life with horses. As a child she would ride her first pony around the house, although the pony itself preferred playing football!

Whilst her ambitions in the past were to compete in the Grand National, she has become more adventurous in her goals today --- as a look at the website will reveal!

On a more serious note, Tara also supports Hoof's objective of making riding more accessible to children and people of all ages.

Hoof is led by the British Equestrian Federation (BEF) and supported by the major equestrian bodies in the UK. It aims to increase participation in, and awareness of, equestrian activities and horse sports across London, as a Legacy of the London 2012 Olympics.

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